



CATHEDRAL CONNECTION

The Cathedral of All Souls

Biltmore Village, Asheville, NC 28803

September 2011

SUNDAY, SEPTEMBER 11

Guest Preacher: The Reverend Fred Burnham

Rev. Burnham is the former Director of Trinity Institute, Trinity Church Wall Street. When planes crashed into the World Trade Center on September 11, 2001, the Rev. Dr. Fred Burnham, as Director of the Institute, was hosting the Most Rev. Dr. Rowan Williams, then the Archbishop of Wales, at Trinity Church, just one block south of Ground Zero. Both Burnham and Bishop Williams, the future Archbishop of Canterbury, thought they were going to die many times that fateful morning. Burnham threw himself into the recovery effort, becoming a night supervisor at the relief ministry for emergency workers that emerged at St. Paul's, a chapel of Trinity Church directly across the street from the World Trade Center site.



GENERATION TO GENERATION CAMPAIGN CELEBRATION

Sunday, September 18, 4-6 p.m.

As we bring our campaign to a close we will have a time of fellowship, light refreshments and a presentation about the continued work of the campaign.

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|---|--------------|
| 7: Build Your Own Burrito Parish Dinner | SEPT. |
| 11: Guest Preacher: Rev. Fred Burnham
EYC: Art/History "Love, Loss and Forgiveness" [14] | |
| 14: Children's Choir rehearsals begin [4] | |
| 15: Josephine Hicks discussion and book signing [9] | |
| 17: Peace Fellowship: Capital Punishment panel [6] | |
| 18: Community Breakfast
Generation to Generation Campaign Celebration
Liturgy Training Day [2]
EYC: Isabel and Sophie Whelchel on Nicaragua [14] | |
| 19: Book Group reads Jennifer Egan's <i>The Keep</i> [5] | |
| 21: Mental Health Task Force meeting [6] | |
| 23: Choir Retreat at Lake Logan | |
| 25: EYC: Meaghan Burke on sports and values [14]
"Safeguarding God's Children" [14] | |
| 26: Book Group reads Jennifer Egan's <i>The Keep</i> [5] | |
| 28: Senior Lunch Bunch: <i>The Forbidden City</i> [5] | |
| 10/1: Day with the Bishop: St. James, Hendersonville | |
| 10/8: Zabriskie Learning Series with Sam Portaro [10] | |

A message from one Capital Campaign contributor...

BELLE SHIPLEY is in fine working order, she would like you to know. At the age of 89, she has memories that stretch back to an era when the Cathedral buildings were practically brand new. But she likes the church the way it is now. "I love the church," she said recently, "and I think Todd's been great." What does surprise her is that we have not done more over the



years to preserve the historic structure.

"The first campaign was good," she said, "but I wanted us to keep going." This time around, Belle has

(continued on next page)

ADULT FORUM

SEPTEMBER 4 AND 11: HOMELESSNESS IN ASHEVILLE.

We will begin with a two-part series on homelessness in Asheville. We will welcome staff from Homeward Bound to discuss the root causes of homelessness in our community, what is being done to create alternatives for housing, and how we at All Souls can support the efforts to end homelessness in our community.

SEPTEMBER 18: COMMUNITY BREAKFAST

SEPTEMBER 25: MONEY AND MEANING.

What is a theology of money? Does this conversation have a place in the church? What does it mean to say 'all we do with all we have all the time'? What does it mean to talk about God's abundance in a time of proclaimed scarcity?

OCTOBER 2: OUTREACH MINISTRY FAIR

Representatives of community agencies and ministries will be present with information about their work and ways to be connected to these works.

SUNDAYS IN OCTOBER: MONEY AND MEANING

We will continue to talk about how we as individuals and as a community wrestle with issues of money and meaning, faith and finance; how do we see our spending, saving, giving and investing as discipleship?

LITURGY TRAINING DAY

Sunday, September 18

All Lectors, Chalice Bearers, and adult Acolytes will have a training following the 11:15 liturgy. Lunch will be served after the service with training to follow. This training is for present and new liturgical servers. Please contact the church office—mail@allsoulscathedral.org or 274-2681—to register.

Message from Belle Shipley

(continued from front page)

decided to keep on going. She has pledged a hundred dollars a month ... for the rest of her life. "I don't have a big income, but this is what I wanted to do." As for how long she thinks this pledge will last, Belle speculates "If I continue like I have been, that could be quite a while."

THE NEXT STEP FUND

How very often we hear our guests at the Room In The Inn express their desire for "a place of my own." They are most appreciative of their step from shelters and living "under the bridge" to the warm hospitality of Room In The Inn, and they look hopefully to once again having a home of their own. When one member of the group announces she is moving to a new home, the entire group celebrates.

The Next Step Fund was established at All Souls in 2008 to help these women realize their dream. Many parishioners from All Souls have contributed to the fund which assists in paying security deposits, monthly rents, and housing debt repair for apartments or homes. The women are most grateful for this assistance that helps them take the Next Step toward a new and better life. Homeward Bound's RITI continues to provide support in independent living if the need arises.

There are many beautiful stories of women from all walks in life who, because of circumstances often beyond their control, have found themselves homeless. You will perhaps hear some of these stories during this month when Homeward Bound presents a two-part series on homelessness in Asheville and how All Souls can support the efforts to end homelessness in our community.

The Next Step Fund is one way we can support this effort. We hope you will consider a gift to this fund (make your check to The Cathedral of All Souls and tag it Next Step Fund). The fund was established in 2008 by Diane and Bill Russell in memory of their daughter Leslie who died in 2007. Leslie was a member of All Souls and active in the Room In The Inn program.



Leslie Russell Ford



From the Dean:

HINTS OF FALL AMONG US AND LIFE IN RHYTHM

It is before sunrise on August 16 and I am walking our dog amid the remnants of the crisp evening air. The weather reporter is telling us this next night will be even cooler. The morning roads see school buses filled with faces of protest and wonderment as the new school year begins. There is a turning of seasons, even as we know we have not seen the last of the heat.

By the time you read this All Souls will be in its fall rhythms: a new year of Sunday education, liturgical training, choir retreat, fall newcomers classes, St. Francis Day, Crop Walk and other events that mark this season. We will have marked Genia Dowdeswell's retirement and the addition of Rosa Lee Hardin and Milly Morrow to our Cathedral staff. Kyle will have left on sabbatical and Marti Rideout will be our interim musician. We will be celebrating the work of our

Capital Campaign and the continued faithfulness of a community which offers itself in all times and seasons.

During the fall we will begin an adult series on money and meaning which will continue through this next year in various offerings and with all ages. During the fall Sam Portaro will be our guest for the Zabriskie Learning Series engaging us about our vocations, all our vocations. We will have recognized those who received grants from our Food Booth proceeds. In the first weekend of November we will recall All Saints and All the Faithful Departed.

All of these represent transitions and change, cycles and rhythms. All of this reminds me of the importance of observing and marking the cycles and rhythms of our lives. It reminds me of the importance of doing this as a community. For it is in the observing and marking of these moments that we find our life, that we find the Christ among us.

A Personal Note of Thanks to our All Souls Family

When Becky and I came to All Souls at the end of 1997 we did so for many reasons. A major reason was wanting to be in a faith community that would be good for our family. We wanted to grow as a family and wanted our girls to be in a place which not only cared for them but took seriously the baptismal charge, "Will you see that the child you present will be brought up in the Christian faith and life?" We wanted to be in a place that lived out what we hope they, our girls, would learn to live out.

In these fourteen years our family has passed through many moments, all of them in the context of you, our All Souls family. Our girls have experienced passages such as confirmation, first dates, youth pilgrimages, first car 'dents', the death of a grandparent and the opportunity to serve at the altar including the swinging of incense (does it get any better than that?). They have experienced a community which cared significantly for them and for their parents. They and we have been the subjects of your love, your support, your prayers, your

humor. They and we have seen clearly what it means to be a people of faith, a people of hope in a very crazy and beautiful world.

I did some quick math and realize I have processed down the aisle of this church over 1500 times during our Sunday morning Eucharists, Holy Week services, ordinations, weddings and burials. On July 16 I walked that aisle not in vestments but in street clothes (well not exactly street clothes) holding on my arm the woman who was an eleven year old girl when we arrived. We processed as daughter and father amid a community which has not only 'brought up' both Gina and Leah, but has 'brought up' Becky and Todd. Our ability to celebrate that day is directly connected to being part of you and you being part of us.

For you and for the sacred life we share, Becky, Gina, Leah and I give our deepest thanks.

Peace,

ALL SOULS YOUTH AND CHILDREN'S CHOIRS BEGIN EXCITING NEW SEASON!

The time has now come to think about activities for the Fall and joining the All Souls Children's and Youth Choral Program! A fun-filled year is being planned! Choir registration and the first rehearsal will take place **SEPTEMBER 14**.

The All Souls Children's and Youth Choral Program is divided into two separate choral groups. The St. Nicholas Choir is for boys and girls in the 1st and 2nd grade, and the St. Cecilia Choir welcomes all those in 3rd grade through high school. The choristers sing in church twice a month at the 9:00 service, and on one of those Sundays they have the opportunity to sing four-part music with the adults singing the bottom three parts!

REHEARSALS EVERY WEDNESDAY!

- St. Nicholas Choir (1st-2nd grade): 4:15-5:00 p.m.
- St. Cecilia Choir (3rd grade and up): 5:15-6:00 p.m.

Continuing this fall, choristers in both choirs will be participating in a music education program produced by the Royal School of Church Music called *A Voice for Life*. This program is a fun method that promotes an enduring understanding of liturgy and music that the choristers will take with them into their adulthood. Through *A Voice for Life*, the choristers will have the opportunity to build their musical and vocal skills, sing repertoire from a variety of periods, styles and nationalities, and become more familiar with *The Book of Common Prayer* and the music of the church.

While Kyle is on sabbatical, we will welcome Ms. Marti Rideout as director for the Choir Program. She will begin her work with the children at the first rehearsal on September 14, and will finish on Sunday, November 6. Marti has devoted over 50 years to the vocation of Church Music. She earned degrees in organ performance from Ithaca College and Catholic University, and served churches in the metropolitan D.C. area from 1970-1999, including Church of the Good Shepherd in Burke, VA. At Good Shepherd, she oversaw a music program of children and adults that numbered over 250!

In 1995, Marti and Kyle combined their children's choirs to record 122 hymns from *The Hymnal, 1982* for the *Episcopal Church Children's Sunday School Curriculum*, published by Morehouse. Marti is married to Rob Rideout, and is eager to talk about her children and grandchildren at the drop of a hat! She is an extraordinary cook, a gifted teacher, and consummate musician. Marti's final service at All Souls will be the Requiem on November 6. You do not want to miss the opportunity to experience her! Marti is **ESPECIALLY** gifted in her work with children and young people. This time promises to be **VERY RICH!**

The St. Nicholas and St. Cecilia choristers are hard-working folks who have fun while they sing and explore the rich heritage of musical styles of the Episcopal Church. Questions? Contact Kyle at church (274-2681 or kyle@allsouls cathedral.org).

FLOWER MEMORIALS AND DEDICATIONS

You are welcome to donate flowers to The Cathedral of All Souls for almost any Sunday during the year. The arrangements come from Clements Flower Shop and Greenhouses, and the cost is \$65 per week. If you are interested, or have questions, please call Anne Kime, 505-7089. At the beginning of the New Year a flower chart will be available for you to sign up for a date of your choice throughout 2012.



Food Booth 2011 (photo by Tom Whittington)

THIS SEPTEMBER,
THE ALL SOULS BOOK GROUP READS...

Jennifer Egan's novel, *The Keep*

A Chicago Tribune, Kansas City Star, and Rocky Mountain News 2006 BEST BOOK OF THE YEAR



Pulitzer Prize winning-author Jennifer Egan brilliantly conjures a world from which escape is impossible and where the keep—the tower, the last stand—is both everything worth protecting and the very thing that must be surrendered in order to survive.

Two cousins, irreversibly damaged by a childhood prank, reunite twenty years later to renovate a medieval castle in Eastern Europe. In an environment of extreme paranoia, cut off from the outside world, the men reenact the signal event of their youth, with even more catastrophic results. And as the full horror of their predicament unfolds, a prisoner, in jail for an unnamed crime, recounts an unforgettable story that seamlessly brings the crimes of the past and present into piercing relation.

“Dazzling... Prodigiously entertaining and profoundly moving.” —Madison Smartt Bell,
The New York Times Book Review

“Egan’s third novel... is a strange, clever, and always compelling meditation on the relationship between the imagination and the captivities (psychological, metaphysical, and even physical) of modern life.” — *The Atlantic Monthly*

“Remarkable... Egan effectively echoes the works of Gothic writers such as Ann Radcliffe (*The Mysteries of Udolpho*) and Horace Walpole (*The Castle of Otranto*), fusing a seemingly moribund genre with elements borrowed from the metafiction of John Barth, Italo Calvino and others. It’s tricky; but it’s a trick only a terrifically talented writer could pull off.”
— *San Francisco Chronicle*

Meeting times and locations:

- Monday, September 19, 7 p.m., C.E. Room
- Monday, September 26, 7 p.m., Warner Building

Where can I purchase this book?

Copies of *The Keep* are now available at Accent on Books, on Merrimon Avenue, at discounted price, thanks to parishioner, Lewis Sorrells.

The All Souls Book Group is the nucleus of the Kay Falk Literary Project, which is centered at the Cathedral as part of its teaching mission. For more information, please contact Emilie White at etwhite8@charter.net.

SENIOR LUNCH BUNCH

We will gather on September 28 at 12:30 p.m. in Zabriskie Hall for our pot-luck luncheon and program. Today we shall be flying off to China and watching a DVD entitled "The Forbidden City: Dynasty & Destiny." This is the largest palace complex in the world, and those of you who have seen it can testify to what an extraordinary structure it is. Come and bring a dish to share, make new friends and enjoy the fellowship.



Food Booth 2011 (photo by Tom Whittington) 5

MENTAL HEALTH TASK FORCE MEETING

- Wednesday, September 21, 5:30 p.m.
- Owen Library

FOYER GROUPS!

Fall/Winter Groups Forming Now

Want to get to know your fellow parishioners in a relaxed atmosphere? Join a “Foyer Group.” A Foyer Group consists of six to eight adults (all ages, single, divorced, widowed, married) and children. The groups will meet four or more times to share a meal and fellowship beginning in November and continuing through April. New groups will be formed next year for a new cycle. There is no agenda. Foyer is not the time to put on a fancy dinner party. It is just a relaxed, casual gathering to get to know each other. Each member serves once a month as host/hostess, preparing a main dish to serve in their home or organizing the meal/activity in the community. Other members of the group help by bringing side dishes or doing other tasks. If you are unable to host in your home, there are many options: meet at a restaurant for Dutch treat, gather at a park for a picnic, or go out for pizza. Use your imagination!

Foyer is not about “entertaining,” but about welcoming and sharing fellowship!

We will try to mix age groups and people who attend different services. The groups will be formed in October, to begin in November. **PLEASE SIGN UP BY OCTOBER 2ND.** Sign-up sheets will be in your Service Order on September 11th. Someone will also be available to answer questions and take your sign-up sheet before and after 9:00 and 11:15 services on September 18th and September 25th.

Everyone is invited and welcome to participate!

Please call Sally Hearn (687-2776) or Dan Stevenson (216-4547) with questions.

CAPITAL PUNISHMENT: ITS MORALITY, POLITICS, ECONOMICS, AND EFFECTIVENESS

Episcopal Peace Fellowship

Panel participants in All Souls Cathedral Library on Saturday, September 17 will be State Representative Ray Rapp (legislative schedule permitting), Dick Taylor (CEO of North Carolina Advocates for Justice and brother of Bishop Porter Taylor), Jean Parks (Western Carolinians for Death Penalty Repeal) and Ed Chapman (a death row exoneree). Sponsored by The Episcopal Peace Fellowship of Western North Carolina, the open discussion will be from 10:00 to 11:30 a.m. Join us and bring your friends.

Capital punishment is the subject of increasing discussion today, partly because DNA testing is revealing just how many people sentenced to death were mistakenly convicted. One of our panelists spent 13 years on North Carolina’s Death Row before being released. But judicial error is not the only factor leading many states to consider repealing capital punishment.

There is no admission but there will be a free will offering to provide an honorarium. Simple refreshments will be available.



Committee members enjoying the Children First End of Summer Camp Jamboree. Pictured are Linda Spangler, Loretta Andrews, Bob Knapp, Anne Harrell, and Carol Anders.

FOOD BOOTH VOLUNTEERS FED MULTITUDE

Once again, the congregation of All Souls became an efficient team serving the multitudes that attended the Aug. 6-7 Village Art & Craft Fair on the cathedral grounds.

It was hot, hard work and it was a lot of fun for workers and fairgoers alike. Next year's extravaganza will mark the fair's 40th anniversary.

Jeanne Cagle, food booth chairman, reports overall success and thousands of dollars raised to benefit the work of non-profit agencies in the community. The exact amount of the proceeds won't be known until costs of purchased supplies are totaled, she said.

Bottled water was the best-seller, but cakes, brownies, breads and cookies went fast. A group of visitors from the Mount Mitchell area e-mailed a member of All Souls to praise the bread on which their sandwiches were made as "the best-tasting bread ever." This group picnicked in the garth.

Hot as it was, hotdogs and bratwursts grilled on the basketball court were snapped up. Popcorn was popular with those who wanted to snack as they strolled the vendors' booths.

Behind the scenes, kitchen crews fed the vendors as they set-up their booths early Saturday morning. An assembly line of sandwich makers turned out a wide

variety, including vegetarian treats. Custom-made sandwiches were assembled on request.

Ice was toted, cases of bottled beverages were man-handled, money was managed, wares were hawked and a good time was had by all. This year's volunteer effort was perhaps the greatest ever. So many volunteers did so much, individuals cannot be named.



Food Booth 2011 (photo by Tom Whittington)

ALL SOULS INCOME AND EXPENSE REPORT

January-June, 2011

from Jack Parsons, Treasurer

	Jan-June Actual	Jan-June Budget
INCOME:		
Pledges	337,558	314,034
Offerings/unpledged	46,267	51,250
Other Income	59,013	99,251
Total Income	442,838	464,535
EXPENSE:		
Parish Pastoral Staff	126,072	121,258
Education and Formation	52,423	62,116
Parish Programs	8,030	10,675
Music	52,004	56,187
Outreach / Diocesan Pledge	49,344	66,380
Administration	76,812	71,216
Properties - Bldg & Grounds	58,475	63,204
Capital Projects / other	11,656	13,500
Total Expenses	434,816	464,535
INCOME OVER EXPENSE:	8,022	-0-

FOOD BOOTH WRAP-UP

from Jeanne Cagle

I want to take this opportunity to say a big thank you to all of you who helped with the Food Booth at the Craft Fair. It was a magical weekend and you all made it that way. If you baked cookies, made a meatloaf, bought a ham, sold biscuits and sandwiches, swept floors, or hauled equipment, it is all the same in the eyes of our Creator. I was so impressed with your willingness to do whatever was needed and that made the weekend even more an "All Souls" experience. My love and thanks go out to each of you. Save the weekend for next year. You don't want to miss the action.

HOGAR DE LAS NIÑAS, NICARAGUA

by *Sophie Whelchel*

In June, my family and I had the chance to make a journey to Granada, Nicaragua. While Nicaragua is a beautiful country, very lush and green with volcanoes and lakes, it is impossible to ignore the very meager homes, the many begging children, the poor sanitation, the horses and dogs with protruding bones. It was nothing like the home I had left in North Carolina. We went to Granada to study Spanish and to volunteer in a Hogar de las Niñas, a home for girls unable to remain with their families because of poverty or abuse.

Twenty years ago, a Catholic nun named Madre Albertina began opening a series of safe houses for young girls because she wanted girls in Central America have a future of promise. She set up these homes in Nicaragua, El Salvador and Costa Rica. The home that we volunteered in is located next to a chicken processing plant, and while a portion of the building is good, much of it is in very poor shape. The home receives no governmental or church funding and so repairing the building and feeding and caring for the girls is only done through the devotion of the nuns and with the support of volunteers or when donations are received.

We committed ourselves to helping the girls with their homework and teaching them English. I often thought of how similar it was to studying with my friends in Asheville. And yet these twenty-three girls' lives were very different because of the poverty of their world. The girls listen to American pop music, and sing the words even if they do not understand the meaning. I will never forget watching them sing out the words of a song that talked about not being in the best spot in life, but still knowing who you are on the inside. This was the moment that I realized that we are one. That they are my sisters. That we are children of the same God. Even though we speak different languages and have completely different lifestyles, we are still the same on the inside. They love and dream and hope just like I do. I never felt as close to God as I did in that home. By the end of our three weeks, I felt like the hearts of the girls had taught me so much about God and myself and who we are supposed to be as human beings.

I had lunch with Father Brian because I want to share with our church the needs of the girls and some dreams I have for helping them. I dream for them a nice home to live in, one with windows to keep the mosquitoes out, sturdy shoes on their feet, enough food to eat, and school supplies, a swing set that works, a volleyball net, and a huge trunk full of art supplies. I dream that there are others in our church that might be interested in hearing more about the Hogar and my twenty-three Nicaraguan friends.

A FOND FAREWELL

from *Genia Dowdeswell*



It has been my honor and privilege to serve with you in the last seven years. I will carry many happy memories away with me. It is now time for me to spend my remaining years enjoying my husband, children, grandchildren and friends.

People have asked me what I am going to do with my time. The good news is that I feel led by God to go outside to enjoy this beautiful earth and be God's steward in the places that I live. So, I am going to be the keeper of the mountain bog that borders my backyard and contains one of the two places on earth where the bunched arrowhead plant lives. I hope to make sure it thrives.

On the Isle of Palms outside of Charleston, I will become a turtle lady to make sure that the endangered loggerhead turtle thrives. In my training for this position I have learned some wisdom from the turtle that I would like to leave you with:

- Be well-traveled
- Think long term
- Age gracefully
- Spend time at the beach

So, as I go to help plants and animals thrive I hope that you too will be people of action in making this wonderful community of All Souls thrive.

Faithfully,
Deacon Genia Dowdeswell



Sophie and Diana



NOTES, REFLECTIONS AND PRAYERS *from the Rev. Canon Brian Cole*

My mother is about to have a big month.

On September 11th, she will celebrate her 80th birthday. Her four sons will all travel home to Missouri, to be present with her for the day

and to worship at the Baptist church where my mother has attended since 1954. During this time of celebration, my mother continues a transition from the house where she has lived since 1968 to an apartment near the senior citizen center. While the apartment is only 1½ blocks from the house, it's a big journey for all of us.

From the house on North Fourth Street, many things have been lost or departed over the years. Sons went off to college. The only dog we ever had ran away. Some heathen cut down our sunflowers while we were at church.

And my father died, leaving my mother alone in that house since 1990. Shortly after his death from cancer, my mother told me she should write a book about what she learned from caring for him, about what had helped and not helped as friends and family supported her or

abandoned her in the time of illness and dying. As far as I know, the book didn't get written, though the lessons about the time stayed with her.

Josephine Hicks, a good friend of All Souls, has written the book I think my mother would have liked to have written all those years ago. Josephine's book, *If There's Anything I Can Do: What You Can Do When Serious Illness Strikes*, is a moving account of her care for her partner, Ann Jones, as she battled pancreatic cancer for four years and a practical resource for those affected by serious illness. It is a helpful book on how to help.

On September 15th at 6:30 p.m. in Zabriskie Hall, we will have a chance to welcome Josephine back to All Souls in order to hear of the journey which she and Ann traveled with illness and purchase the book. Lewis Sorrells will serve as the evening's book seller.

In Christian communities, we are called to love and proclaim the healing we have known through the Christ. All good resources which guide us in loving and caring well are gifts from God. On September 15th, we have an opportunity to give thanks that someone finally wrote the book so many other caregivers have lived through.

IF THERE'S ANYTHING I CAN DO

Book Signing & Discussion: Thursday, September 15th, 6:30 p.m.

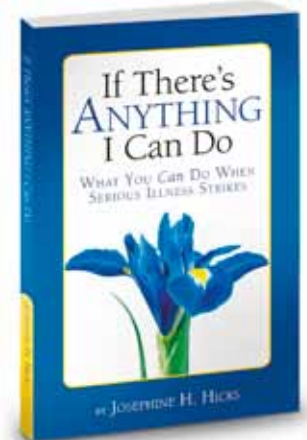
Come and meet Josephine Hicks for a book discussion and signing of *If There's Anything I Can Do*.

The book serves as a guide for friends and loved ones of caretakers and patients—an audience that broadens all the time as we all get news all too often that someone we know and love has cancer or a serious illness.

The book is born of Hicks' own experience as a caregiver for her partner during almost four years with pancreatic cancer. With poignant humor and gentle honesty, Hicks has turned her experience into a real-world guidebook for everyone who has ever wondered how to help and what to say during the universal experience of navigating disease.

Copies can be purchased at Accent on Books, 854 Merrimon Avenue, at the event, or online at www.AnythingICanDoBook.com.

Josephine Hicks is a lawyer in Charlotte. Daughter and spouse of Episcopal priests, she is active in the Episcopal Church and the Anglican Communion. Following her partner's death from cancer, she founded Spell the End of Cancer, a Scrabble event to raise money for cancer research.



Coming October 8 from the Center for Spiritual Resources



VOCATION: A LIFELONG JOURNEY

- 2011 Zabriskie Learning Series
- Saturday, October 8, 2011, 10 a.m.–3 p.m., Cathedral of All Souls
- Cost: \$25 (\$20 if registering with another person)
Includes morning hospitality and a light lunch

As Sam Portaro, the 2011 Zabriskie Learning Series presenter, points out, when we hear the word “vocation,” many of us ask, “What does that have to do with me? I’m not called to be a priest or deacon!” As I was reflecting on vocation and the vocation conversation gatherings we are planting around the diocese, I remembered one of the many gifts I’ve received from the All Souls’ book group—the value of close reading and looking up words to more fully understand their meaning—and so I went to my dictionary. Vocation, from the Latin *vocare*, a verb that means, “to call.” Called to what? To answer the question, “For what purpose was I born?” And that is the question every one of us will spend our entire lives answering.

When we hear the word “conversation,” we often think about what we will say, what we will share. What we want others to know about us. Yet, the most sacred dimension of conversation is its gift of allowing us to listen; to listen for understanding; to listen for deeply held values; to listen others into being.

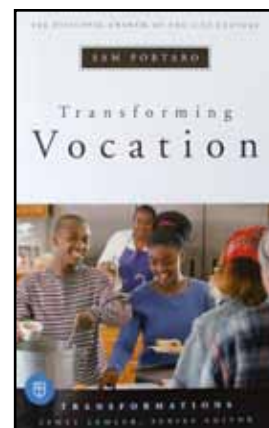
Conversation offers an opportunity to share our stories as a way to understand one another as we are to ourselves; and to begin to see ourselves as God sees us. Yet, we can’t know ourselves by ourselves. We need each other to be a witness to our hunger and our blessings—the gifts God is calling for us to use in this broken and uncertain world; the unique gifts the world most needs.

Please join Sam Portaro as he guides us more deeply into an understanding and practice of the ways we can listen for and honor where, and to what, God is calling us. In love, in work, in relationships. As children, students, newly married, new parents, caregivers, empty-nesters, in career crisis, retirement, through illness, special needs, and in dying. All of these stages in life offer blessed opportunities to ask and to listen for where God is calling us.

Learn how to listen, how to discern, how to honor and respond to our evolving and ever-changing calling to

an authentic life. Learn how to use this tool for lifelong transformation.

Sam Portaro is also offering a day-long program for adult formation and vocation at St. Mark’s, Gastonia on Monday, October 10. Visit thecsr.org for more details.



Sam Portaro was ordained in the Diocese of Western North Carolina and began his ministry as Vicar of Church of the Epiphany in Newton NC. He served as Episcopal Chaplain to William & Mary and Associate Rector of Bruton Parish in Williamsburg from 1976–1982, and then enjoyed a long and rich career in campus ministry mentoring students and young adults, serving as Episcopal Chaplain to the University of Chicago and Director of Brent House for 22 years.



Portaro is now a full-time consultant, speaker, and mentor for others working with vocation. His published work reflects his own vocational journey: *Inquiring & Discerning Hearts: Vocation & Ministry with Young Adult on Campus*, *Crossing the Jordan: Meditations on Vocation*, *Conflict, A Christian Life*, *Sheer Christianity*, and *Transforming Vocation*, a volume in Transformations Series published by Church Publishing.

Transforming Vocation will be available to purchase and have personalized by Sam at a discounted price of \$11 (normally \$16).

Parishioner Profiles

HEILIG FAMILY WOVEN INTO CONGREGATION

By Nancy Marlowe

Although Helene and Mike Heilig both are physical therapists, they welcomed the help of the All Souls community when their youngest son, Marshall, broke his femur (thigh bone) and was immobilized for 10 weeks in 2007 when he was three years old.

The active youngster was in an awkward chest-to-ankle plaster cast with a metal bar separating his legs. He lay rigid as a log. All Souls congregation pitched in to entertain Marshall, teach the older boys, help Helene with errands and make life easier for the older brothers, Ethan now 12, and Lucas now 10.

Marshall is now a fully recovered, soccer-playing 7-year-old.

Family lore about that time includes Marshall's firm refusal of the holy oil Brian Cole sought to apply and the time that Mike took Marshall in his cast to 9 a.m. church in a wagon and the congregation welcomed the little boy with a round of applause.

Mike and Helene were introduced by a mutual friend at a conference for licensed physical therapists held in Charlottesville, Va. Helene remembers Mike as the "strong silent type." Mike was working as a PT at the University of Virginia teaching hospital. Helene had begun her physical therapy career working with stroke and spinal cord injury patients at Woodrow Wilson Rehabilitation Center.

After an outdoorsy courtship of hiking and biking, the couple was married Sept. 27, 1997, and moved to Asheville the next day. Mike had scoped out the area on travel assignments in his profession. "I tend to pick the place first and then find a job there," Mike said.

He went to work at Mission Hospital as a staff physical therapist and has, for the last 10 years, been manager of Mission's Outpatient Rehabilitation and Fitness Center. Helene worked as a PT at CarePartners until they started their family. She is now a home-schooling, full-time mom and homemaker. The family lives in Fairview.

At Mission, Mike worked with former All Souls members Holly Daniels and Jeannette Bull Anderson, who invited the couple to All Souls. Jeannette and EJ remain active in Ethan's life as his godparents.

Now deeply woven into the warp and woof of All Souls, Mike is an usher at 9 a.m. Helene has served on the vestry, teaches the first and second grade Sunday school

class, and with Ethan participated on the search committee for our new youth director. Sons Ethan and Lucas are acolytes and Lucas and Marshall sing in the choir. The boys truly enjoy making palm crosses every year, from cutting fronds, to forming crosses to counting bags of 50 finished palm crosses.

The Heiligs enjoy the family-centered activities at All Souls. Parish meals and Kanuga Family weekend are two favorite activities. "It's a great way for kids to get to know each other," Helene said, "and parents, too."



▼ Heilig family at the beach ▲ Marshall in his cast



OUR TRIP TO HEIFER RANCH

WE SPENT OUR FIRST NIGHT at Saint George's, Nashville, a beautiful Episcopal church. As soon as we got there, we jumped out of the van and played Ultimate. A little while later the St. George's youth directors greeted us and showed us around. They showed us good hospitality. Our group got to know each other very well there. We played Sardines in the dark with flashlights all night!! In the morning we were all a bit tired. OK, we were very tired. Luckily, we discovered a coffee machine at St. George's, and a good one. With donations we all got coffee, and I mean good coffee. Then we were ready to play a final game of Ultimate before we left!

—Isabel Whelchel

AFTER DRIVING THROUGH RURAL ARKANSAS for about an hour we made the right turns and came down a slight hill to arrive, finally, at Heifer. We met our facilitators, and were told we were free to roam until dinner: free to roam 300 acres as we wished with the reservations that we don't cross fences into cow pastures, don't go into places that say "private," and don't break our legs on a cattle guard.

Heifer Ranch is incredibly sustainable. They rotationally farm to support the permanent animal residents and the many guests that come and go throughout the summer. They grow corn, squash and beans, and raise cattle, chickens, and rabbits. Everything we ate was grown and cooked on the Ranch and you could tell. Heifer Ranch actually owns more than 300 acres. They lease to local farms partly in exchange for some of what they produce. When we were there they had just received a load of lovely hay.

The damage that a recent tornado had wreaked was clear. There were piles of uprooted trees, several barns were just skeletons and one tree had a piece of roofing tin wrapped around its trunk. But no one had been injured or killed, animals included. In fact a calf had been born! You can look at this as a good omen. Heifer will keep educating people and will continue to change the world. —Miranda Norlin

DURING OUR FIRST DAY AT HEIFER, we played "community-building games," which were meant to teach us how to work together and how to figure things out using common sense.

The first game we played was a tag game where two people linked arms and tried to tag others with foam noodles. Whenever someone got tagged they had to join the line. In the end the line got so big that it became really hard to maneuver. The people in the line had to work together to tag the last people out.

The next game was harder. The group leaders started swinging a jump rope, which was the anaconda. Our group was a village that had heard about the Heifer project and decided to walk to the town a couple of miles away to get some cows. But as we walked in the jungle we saw an anaconda



barring our way. The object of the game was to get all our team mates past the rope without it hitting one of them.

The first time was pretty easy, though it took a couple of tries. When our village got to the town the Heifer people told us to go back home to fill out some paperwork. So we had to get past the snake again. But this time the snake was hungrier, and we only had ten turns to get past the snake. Everybody started talking at once about how to get past the snake and tempers frayed. After three or four tries we did it though.

The next thing our village had to do was to get the animals from the town. This time we got *five* turns of the rope! We talked about how to do it, and somebody had the great idea of forming lines and counting to get the beat of the rope turning. This helped a lot. When the village came back with the animals we had only two turns of the rope to do it. By now though it was easier. We all knew what to do, got into lines without much of a fuss, and got past the snake on the first try! —Milo Norlin

THE GLOBAL VILLAGE has seven houses around a large pond. Each house represents one place in poverty. The seven places are: Guatemala being the most comfortable; Thailand, Appalachia and Tibet being moderately comfortable; Refugee Camp, Urban Slum and Zambia are the least comfortable. The Guatemalan house had two bunk beds and was made out of cinder blocks and shingles. Thailand homes were raised on stilts, with a wooden floor, bamboo walls and thatched roof. The Appalachian house had one bunk bed and were made with a wooden floor and walls with a tin roof. The Tibet house was a canvas yurt. The Refugee Camp home was made with torn tarps covering a wooden frame. Urban Slum homes were made out of various materials including cardboard. Zambian homes had a cement floor, brick walls and a thatched roof. Our group spent the night in either Guatemala, Thailand, or the Urban Slum.

The way you were divided went as follows. You chose a number from a bowl. Then our facilitators called out several numbers that had been chosen. If your number was called you went to the front along with the other people whose number

had been called. Finally our facilitator told your group what house they would be spending the night in. This process was repeated until the houses were full.—*Ethan Heilig*

THE URBAN SLUM was very different from what I'm accustomed to. I thought it was very hard sleeping on the wooden floor, and knowing that a lot of people do it every day. Some of those people don't have a meal to look forward to in the morning. It was an eye-opening experience for me that I will remember for years to come. I'm glad that I got to do it.—*Addie Pitts*

I WAS PUT INTO GUATEMALA. It is one of the best countries to be put in because of the unlimited water rights. Basically we had control over everybody because if we chose not to cooperate with the other countries they would not be able to eat. After the Urban Slums offered to do all the cooking and cleaning work in exchange for water we relented and let them cook. The sleeping area was pretty comfortable as well (bunks with foam mattresses). In the morning we had to do chores though... Guatemala has two goats, four rabbits, and several chickens. Also we had to put sawdust in the composting toilet. Going to Heifer Ranch was a great experience; thanks to everybody who donated to make this happen!—*John Norlin*

RECENTLY, TRINITY AND ALL SOULS YOUTH took a joint trip to Heifer International Ranch. While the car ride wasn't exactly thrilling, the rest of the trip most certainly was. We got there after a full day of driving. We learned about Heifer's mission, and played a lot of fun games. The real fun was the Global Village, though. It is a collection of houses around a small pond. Each house is stylized to represent the kind of house in that part of the world. I stayed in Thailand, which was a wonderful experience. While the house lacked beds, the rest of it was comfortable. We all learned a lot, and, given the chance, I would definitely go again.—*Andrew Stevenson*

DURING THE LONG BUS RIDES and the late nights playing Sardines, the youth group got closer, but the night in the village really made us work together as a team. Our group was split up into three "villages" and we were given resources based on where we were assigned. I, for example, was assigned the Urban Slum and for dinner we were allotted a bowl of rice. Thailand was given rice and potatoes and eggs. Our groups decided to work together and so those of us in the Urban Slum agreed to prepare the entire meal if the other villages would share their food with us. After finally managing to keep the fire alive, we Urban Slummers got the dinner finished! Everyone started cheering and we felt very accomplished!

Even a small experience like this dinner opened our eyes, showing us how much time and effort many people in the world have to spend to locate and prepare meals every day of their life! I know our group returned from Heifer Ranch

much more grateful for everything we have been blessed with and hopeful that we can help people who are suffering in the world. Thanks to All Souls for the opportunity.—*Sophie Whelchel*

THE CONVERSATIONS WE HAD AT HEIFER were very interesting. They ranged from a heated debate about global warming to a one-on-one discussion with me and an adult about whether poverty could be solved. When I went to the Heifer Ranch I was ready to be hungry for a night, and then be told how lucky we are over and over again. Because it was not like that I think I learned a lot more, and felt a lot more lucky. I think the most valuable thing I learned was how complicated world hunger and poverty are. There is not just one cause; there are hundreds.—*Anne Worth*

BEFORE OUR TRIP TO HEIFER RANCH, I had been unable to imagine a means of ending world hunger. When I was little, I was dead-set on filling a truck with apples and water and driving it to Africa, where I would somehow miraculously feed everyone. (Especially considering the difficult drive from Asheville!) I soon realized that, for starters, Africa is not the only place in the world that has hungry or malnourished people. I also realized that I needed a better plan. Just one truck isn't going to end all hunger in the world.

So when we approached that complex question, I was interested to see what we could come up with. Our friendly leader from Heifer, Jireh, introduced a different method of tackling world hunger. He first had us list causes of hunger. We came up with lack of education/knowledge, disease, lack of resources, war, etc. Then we tried to address the causes. It made so much more sense to break up the issue into smaller, more manageable bits. This activity made world hunger seem less intimidating. Surprisingly, by doing small things, and solving more specific issues, we can do so much more than a truckload of apples could.

Our hunger discussion was one of many ways this trip inspired me to take what I've learned and act upon it. I could even volunteer at the Heifer Ranch and teach other people the things that I found to be very influential. Like they say at Heifer, pass on the gift! I'm so thankful for this amazing experience.—*Brooke Smith*

LET ME TELL WHAT I ENJOYED about my trip. The most fun things I did on the Heifer trip were the drive there, experiencing the life in different countries challenge and the drive back. On the way to Heifer there were a lot of funny moments that happened in the van and everyone also had tons of fun in the church we spent the night in. Everyone played games like hide and seek at night in the church—it was tons of fun. In the country challenge, you would live in Guatemala, Thailand or the urban slums of India. Luckily I got to be in Thailand and got to spend the night in a nice bamboo house. It was a fun trip overall.—*Will Noel*

EYC CALENDAR

SEPT. 11: 1-4 p.m. on All Soul's Campus. We will gather for lunch and a special session of art history regarding "Love, Loss and Forgiveness" and how art is a gift of God's Grace in the healing of people, communities and nations. We will be led through our own creative expression of "Love, Loss and Forgiveness" together as a community. (Please wear clothes that you feel OK about getting messy!) Please bring a packed lunch with you for this event.

ROOTS + WINGS SCHOOL OF ART

www.rootsandwingsarts.com

Visual Arts After-school Program

Offering a creative and stimulating after school option for students!

- Location: R+WSofA classrooms in the All Souls Education Wing
- Schedule: 2 or 4 day enrollment / Monday–Thursday from 2:30–5:30 p.m. (Students may arrive after 2:30 p.m.)
- Ages: Rising K (one year left in preschool) through current 2nd Graders

Upcoming Monthly Art Sessions

ART FROM NATURE: Wednesdays from 3:30–4:30 p.m., Oct. 5–26, Ages 3–6, \$50 (4 week session)

EXPLORING IMAGISM: Mondays from 4–5 p.m. Sept. 12–October 3, Grades 2nd–4th, \$100 (8 week session)

Art in the Evening, ages 18+

ART AND WORDS, September 8–29, 7–9 p.m., \$25 per class or \$85 for all four weeks

Registration and more information:

Please call or email Ginger Huebner, 828-545-4827, info@rootsandwingsarts.com.

SEPT. 18: 1-4 on All Soul's Campus. We are happy to hear from Sophie and Isabel Whelchel about their recent mission trip to Nicaragua. They will share with us their experience of mission and their hopes for future assistance to the Young Girl's Home there that currently has many needs. Plan on eating a special lunch together this day!

SEPT 25: 1-4 p.m. on campus. Meaghan Burke who was drafted in the second round by the Carolina Courage of the WUSA and became program's first All-America selection when the NSCAA named her to its All-America second team will be joining the EYC at All Soul's to discuss "Sports and Christian Values: How Faith Shapes Life on the Field". Following her talk she will show us some of her soccer skills and teach a few moves.

ALSO ON THE 25TH: Adults and youth who work with our younger children will attend "Safeguarding God's Children" seminar, a part of the Safe Church Training from 1-4 on All Soul's Campus. Please sign up with Milly if you are an EYC member and know that you are interested in assisting with the children this year.



Kindermusik classes at All Souls will begin the week of September 12. Please enroll right away so that you can be assured of having the home materials the first day.

- **VILLAGE DO-SI-DO AND FEATHERS,** Newborn–18 ½ months, Thursdays at 10:15.
- **OUR TIME, WIGGLES AND GIGGLES,** 18 months–3+ years, Two sections: Monday at 2:15 or Thursdays at 11:15.
- **IMAGINE THAT,** 3- and 4-year-olds, Mondays at 1:15.
- **YOUNG CHILD,** 4 ½–6 to start, Thursdays at 4:00.
- **FAMILY TIME, MOVIN' N' GROOVIN',** Thursdays at 5:30.

See the All Souls website for curricula information.

Enroll: Lora Scott, edorlora@charter.net, 649-2320.

September Birthdays

- 1 Charles Douglas, David Hopes, Lydia Vander Voort
- 3 Miranda Norlin
- 4 Kemper Brown, Theodore Duffee-Braun, Linda Hundredmark
- 5 Cindy Hart
- 6 Bonnie Bellows, Kathryn Hill, Lewis Sorrells, Paula Sparboe
- 7 Olivia Diamond, Nathan Heath
- 8 Kenneth Amoss, Macon Clark, Jean Scribner, Susie Stokes
- 9 Bill Auman, John Hickman, Barbara Hunter, Mary Sorum
- 10 Elizabeth Douglas, W. Scott Harvey
- 11 Kerstin McDaniel, Barry Pate
- 12 David Fortney
- 13 Adam Hand, Diane Kepley
- 14 Spencer Atwater, William Jones, Margaret Scott, Steven Summers
- 16 Jenny Mathews, Jocelyn Reese, Tom Ruff
- 17 Cristifor Harshman, Clare McPherson, Robbin Whittington
- 18 Charles Campbell, Virginia Hunter, Janet Maitland, Beatrice Perez
- 19 Robert Newcomer, Robert Peebles
- 20 Elizabeth Ragan
- 21 Andrew Fairbanks, Katherine Hunley, Nancy Reid
- 22 Judie Mauney
- 23 Jacob Casper, Richard Jacobs, Robert Noel
- 24 Barbara Peevey
- 25 Dillan Auman, James Rhoades
- 26 John Farrington, Jon Miller
- 27 Robert Blank, Michaela Mamone-Peebles, John Veach
- 28 Andrew Kryzanek, Nancy Marlowe, Marion Reger, Kenneth Spurling

September Anniversaries

- 3 Linda and Robert Spangler
- 5 Brian Cole and Susan Weatherford
- 6 Diane and Paul Summey
- 7 Barbara and Robert Boylan, Marisa and Yates Pharr
- 9 Sarai and William Repoley
- 11 Georgia and John Raines
- 12 Vicki and David Thompson
- 13 Gail and Webster McLeod
- 20 Emilie Malajati and Cynthia Strom

- 23 Gay and Michael Cogburn, Elizabeth and Robert Gray, Carolyn and John Macfie
- 25 Kim Calhoun and Jacqueline Combs
- 26 Carol and Richard Harris
- 27 Helene and Michael Heilig
- 29 William Jones and Barry Pate

Prayer Requests

Joyce Bryant, Karen Sams, Jeff Carillon, Hazel Yoder, Robert Monroe, Kate Spooner, Lynette McKinney, Linda Medeiros, Lynda Crawford, Scott Wolf, Corallie Hillman, A.B. Johnson, Connie Watson, Kitty Williams, Dan Soyka, Bob Spangler, Amelia Harrison, Sara Everett Henry, Kathy Hamrick, Robert Tangemann, Jessica Hedgepeth, Ina Schwartz and family, Marston, Christen Vigurie, Ginny Faust, Virginia Teel, Raymond Underwood, Mark Puccia, Bob Phillips, Ken Prentice, Carol Anders, Louise Blake, Lynn Ong, Ralph Fossett, Elaine Feeser, Meg Karriyannis.

Active Military Prayer List

Brian McDowell (son of Pat and Doug McDowell), Amanda McDowell (daughter of Pat and Doug McDowell), Paul Summey III (son of Diane and Paul Summey), Jeremy Beal (nephew of Diane and Paul Summey), Brent Moore IV (son of Robbin Brent Whittington), Cory P. Moore (son of Robbin Brent Whittington), Justin Echols (nephew of Russ Rhymer), Michael DiPrisco (grandson of Polly and Rob Gaylord), Amelia Harrison (granddaughter of Del Hare), Scott Summers (son of Steve Summers), Eric Hancock (step brother of J Clarkson), Robert Sweet (friend of Becky and Todd Donatelli), JoAnn Burgess (granddaughter of Allen Campo), and Michael Fallon (friend of Becky and Everett Fredholm), Greg Carter (friend of Maggie Hopper), and Nils Laubscher (son of Kenneth and Luann Laubscher), Christopher Hart (nephew of Jeff Benninghofen), David Clifford (son of Wayne and Laurie Clifford), Annika Schauer (daughter of Barbara Schauer), Paul Kessons (brother-in-law of Electa and Ellison Smith), Brandon Sweetman (cousin of Bill Doyle) and Justin Smith (nephew of Jon and Kim Miller). Call or e-mail Pat McDowell at 828-277-8176 or patsylol@aol.com. if you wish to add someone to this list.

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Asheville, NC 28803

Address Service Requested

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WORSHIP AT ALL SOULS

Contemplative Evening Prayer—
 Tuesdays at 5:30 p.m.

Holy Eucharist—
 Wednesdays at noon and 5:45 p.m. and
 Sundays at 7:45, 9:00, and 11:15 a.m.

For Readings, please see the The Lectionary Page
 (<http://www.io.com/~kellywp/>)

ALL SOULS OFFICE HOURS AND CONTACT INFORMATION

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